

Upcoming Events Calendar for the Ciccotti Center March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 Floor Hockey Rental 10am-12pm (Court 3 and 4) Adult Co-Ed BBall League 10am-12pm (Courts 1 and 2) Pickleball 12-2pm	2 Beg. Pickleball 8-9am Pickleball 9am-12pm Pickleball 5:30-7:30pm Tai Chi Style 73 10:15-11:15am (F1) Falls Prevention Program 1-2pm (F1)	3 Boot Camp with Nick 8-9am (F1) Cardio Sculpt with Brianna 9:15-9:45am (F1) Pickleball 12-3pm Colonie Police PT 2-4pm (Courts 1, 2, and track)	4 Beg. Pickleball 8-9am Pickleball 9am-12pm Total Body with Connie G 10:15-11am (F1) HIIT with Tiffany 5-5:30pm (F1) Cardio Core and More with Tiffany 5:30-6pm (F1) CDYSL Board Meeting 6:30-9:30pm (F1)	5 Boot Camp with Nick 8-9am (F1) Functional Fitness with Jackie 9:15-10am (F1) Pickleball 12-3pm Falls Prevention Program 1-2pm (F1) LEGACY Bball AAU Practice 6-8pm (Gym Court 3) CDYSL Board Meeting 6:30-9:30pm (F1) Eating Disorders Talk with Fitness Specialist: Tiffany 7-8pm (F1)	6 Beg. Pickleball 8-9am Pickleball 9am-12pm TONE with Connie D 8-8:30am (F1) YO with Connie D 8:30-9am (F1) Beginner Tai Chi Style 73 10-11am (F2) Parents Night Out 5-7:45pm (F1)	7 Spring Fever Basketball League 9am-12pm (Courts 1, 2, 3) 12-1pm (Courts 1, 2)	
8 Floor Hockey Rental 10am-12pm (Court 3 and 4) Adult Co-Ed BBall League 10am-12pm (Courts 1 and 2) Pickleball 12-2pm High Fitness with Connie D 10:15-11am (F1)	9 Beg. Pickleball 8-9am Pickleball 9am-12pm Pickleball 5:30-7:30pm Tai Chi Style 73 10:15-11:15am (F1) Falls Prevention Program 1-2pm (F1)	10 Boot Camp with Nick 8-9am (F1) Cardio Sculpt with Brianna 9:15-9:45am (F1) Pickleball 12-3pm Nutrition Talk Series pt.1 with Fitness Specialist: Tiffany Tatlock, 4-5pm (F1) Jake Hogan Volleyball League 6:30-8pm (Courts 3 and 4)	11 Beg. Pickleball 8-9am Pickleball 9am-12pm Total Body with Connie G 10:15-11am (F1) HIIT with Tiffany 5-5:30pm (F1) Cardio Core and More with Tiffany 5:30-6pm (F1)	12 Boot Camp with Nick 8-9am (F1) Functional Fitness with Jackie 9:15-10am (F1) Pickleball 12-3pm Colonie Police PT 2-4pm (Courts 1, 2, and track) LEGACY Bball AAU Practice 6-8pm (Gym Court 3)	13 Beg. Pickleball 8-9am Pickleball 9am-12pm TONE with Connie D 8-8:30am (F1) YO with Connie D 8:30-9am (F1) Beginner Tai Chi Style 73 10-11am (F2) Parents Night Out 5-7:45pm (F1)	14 Spring Fever Basketball League 9am-12pm (Courts 1, 2, 3) 12-1pm (Courts 1, 2) Bday Party 1:30-3:30pm (Court 3) 30 people	
15 Floor Hockey Rental 10am-12pm (Court 3 and 4) High Fitness with Connie D 10:15-11am (F1) Adult Co-Ed BBall League 10am-12pm (Courts 1 and 2) Restorative Yoga 11:30am-12:30pm (F1) Pickleball 12-2pm	16 Beg. Pickleball 8-9am Pickleball 9am-12pm Pickleball 5:30-7:30pm Tai Chi Style 73 10:15-11:15am (F1)	17 Boot Camp with Nick 8-9am (F1) Cardio Sculpt with Brianna 9:15-9:45am (F1) Pickleball 12-3pm Jake Hogan Volleyball League 6:30-8pm (Courts 3 and 4)	18 Beg. Pickleball 8-9am Pickleball 9am-12pm Total Body with Connie G 10:15-11am (F1) HIIT with Tiffany 5-5:30pm (F1) Cardio Core and More with Tiffany 5:30-6pm (F1)	19 Boot Camp with Nick 8-9am (F1) Functional Fitness with Jackie 9:15-10am (F1) Pickleball 12-3pm Colonie Police PT 2-4pm (Courts 1, 2, and track) LEGACY Bball AAU Practice 6-8pm (Gym Court 3)	20 Beg. Pickleball 8-9am Pickleball 9am-12pm TONE with Connie D 8-8:30am (F1) YO with Connie D 8:30-9am (F1) Beginner Tai Chi Style 73 10-11am (F2) Parents Night Out 5-7:45pm (F1)	21 Spring Fever Basketball League 9am-12pm (Courts 1, 2, 3) 12-1pm (Courts 1, 2) Bday Party 12:30-4:30pm (F1, Pool, Court 3) 60 people	
22 Floor Hockey Rental 10am-12pm (Court 3 and 4) Adult Co-Ed BBall League 10am-12pm (Courts 1 and 2) High Fitness with Connie D 10:15-11am (F1) Pickleball 12-2pm	23 Beg. Pickleball 8-9am Pickleball 9am-12pm Pickleball 5:30-7:30pm Tai Chi Style 73 10:15-11:15am (F1)	24 Boot Camp with Nick 8-9am (F1) Cardio Sculpt with Brianna 9:15-9:45am (F1) Pickleball 12-3pm Jake Hogan Volleyball League 6:30-8pm (Courts 3 and 4)	25 Beg. Pickleball 8-9am Pickleball 9am-12pm Total Body with Connie G 10:15-11am (F1) HIIT with Tiffany 5-5:30pm (F1) Cardio Core and More with Tiffany 5:30-6pm (F1)	26 Boot Camp with Nick 8-9am (F1) Functional Fitness with Jackie 9:15-10am (F1) Pickleball 12-3pm Colonie Police PT 2-4pm (Courts 1, 2, and track) LEGACY Bball AAU Practice 6-8pm (Gym Court 3) Nutrition Talk Series pt.2 with Fitness Specialist: Tiffany 7-8pm (F1)	27 Beg. Pickleball 8-9am Pickleball 9am-12pm TONE with Connie D 8-8:30am (F1) YO with Connie D 8:30-9am (F1) Beginner Tai Chi Style 73 10-11am (F2) Parents Night Out 5-7:45pm (F1)	28 Spring Fever Basketball League 9am-12pm (Courts 1, 2, 3) 12-1pm (Courts 1, 2)	
29 Floor Hockey Rental 10am-12pm (Court 3 and 4) Adult Co-Ed BBall League 10am-12pm (Courts 1 and 2) High Fitness with Connie D 10:15-11am (F1) Pickleball 12-2pm	30 Beg. Pickleball 8-9am Pickleball 9am-12pm Pickleball 5:30-7:30pm	31 Boot Camp with Nick 8-9am (F1) Cardio Sculpt with Brianna 9:15-9:45am (F1) Pickleball 12-3pm Jake Hogan Volleyball League 6:30-8pm (Courts 3 and 4)	New group exercise classes highlighted in RED . For more information, please visit the Member Service desk.				



Fitness ConnectSM
at the Ciccotti Center 